# UCLA UCLA Previously Published Works

# Title

COCATS 4 Task Force 7: Training in Cardiovascular Computed Tomographic Imaging

# Permalink

https://escholarship.org/uc/item/4nc342cw

## Journal

Journal of Nuclear Cardiology, 22(4)

# ISSN

1071-3581

# **Authors**

Garcia, Mario J Blankstein, Ron Budoff, Matthew J <u>et al.</u>

# **Publication Date**

2015-08-01

# DOI

10.1007/s12350-015-0163-y

Peer reviewed

# **1COCATS 4 Task Force 7: Training in Cardiovascular Computed 2Tomographic Imaging**

3Endorsed by the American Society of Nuclear Cardiology, Society of Atherosclerosis Imaging and 4Prevention, Society for Cardiovascular Angiography and Interventions, and Society of Cardiovascular 5Computed Tomography (pending review of final report) 6

<sup>7</sup>Mario J. Garcia, MD, FACC, FACP *Chair*; Ron Blankstein, MD, FACC; Matthew J. Budoff, MD, FACC, 8FSCAI (*Society of Cardiovascular Computed Tomography Representative*); John M. Dent, MD, FACC; 9Douglas E. Drachman, MD, FACC; John R. Lesser, MD, FACC; Maleah Grover-McKay, MD, FACC; 10Jeffrey M. Schussler, MD, FACC, FSCAI (*Society for Cardiovascular Angiography and Interventions* 11*Representative*); Szilard Voros, MD, FACC (*Society of Atherosclerosis Imaging and Prevention* 12*Representative*); L. Samuel Wann, MD, MACC (*American Society of Nuclear Cardiology Representative*)

# 131. Introduction

## $14 \ensuremath{\textbf{1.1.}}$ . Document Development Process

## 151.1.1. Writing Committee Organization

16 The Writing Committee was selected to represent the American College of Cardiology (ACC), 17American Society of Nuclear Cardiology (ASNC), Society for Cardiovascular Angiography and 18Interventions (SCAI), Society of Atherosclerosis Imaging and Prevention (SAIP), and Society of 19Cardiovascular Computed Tomography (SCCT), and included a cardiovascular training program director, 20a cardiovascular computed tomography (CCT) training program director, advanced multimodality 21cardiovascular imaging training program director, a cardiologist early in his career, as well as highly 22experienced specialists practicing in both academic and community-based settings, and physicians 23 experienced in defining and applying training standards according to the 6 general competency domains 24promulgated by the Accreditation Council for Graduate Medical Education (ACGME) and American 25Board of Medical Specialties (ABMS), and endorsed by the American Board of Internal Medicine 26(ABIM). The ACC determined that relationships with industry or other entities were not relevant to the 27 creation of this general cardiovascular training statement. Employment and affiliation information for 28authors and peer reviewers are provided in Appendices 1 and 2, respectively, along with disclosure 29 reporting categories. Comprehensive disclosure information for all authors, including relationships with 30industry and other entities, is available as an online supplement to this document.

## 311.1.2. Document Development and Approval

The writing committee developed the document, approved it for review by individuals selected 33by the ACC, ASNC, SAIP, SCAI, and SCCT, and addressed their comments. The document was revised

**3Rev Date:** 1/23/2015**Page** 1 of 20Q:\C&T\COCATS4\PC\TF7-CCT4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important5to the integrity of the writing process and final work that this information be kept strictly confidential and not6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you7signed prior to gaining access to this document.

1and posted for public comment from December 20, 2015 to January 6, 2015. Authors addressed additional 2comments to complete the document. The final document was approved by the Task Force, COCATS 3Steering Committee, ACC Competency Management Committee and ratified by the ACC Board of 4Trustees in February 2015 and endorsed by ASNC, SAIP, SCAI, and SCCT. This document is considered 5current until the ACC Competency Management Committee revises or withdraws it.

#### 61.2. Background and Scope

7 CCT is a rapidly evolving technique for assessing cardiovascular anatomy. The anatomical detail, 8 complex imaging devices and protocols and evolving clinical applications of this modality require that all 9cardiovascular trainees receive training in CCT imaging during fellowship. Clinical application of CCT 10encompasses noncontrast (coronary calcium evaluation), contrast (CCT angiography and function), and 11 hybrid studies (combining nuclear cardiology techniques with CCT). Computed tomography, like 12catheterization, provides anatomical and functional information (e.g., coronary anatomy and left 13ventricular ejection fraction, respectively). Hybrid devices incorporate high-speed multidetector 14computed tomography (MDCT) technology, positron emission tomography (PET), and single-photon 15emission computed tomography (SPECT) detector systems. Current hybrid systems (MDCT plus nuclear) 16 provide attenuation correction for SPECT and PET, further improving the diagnostic accuracy of 17traditional radionuclide techniques.

18 This training statement has been designed for fellows-in-training and is not intended for 19physicians already in practice (1). Fellows-in-training are expected to gain exposure to CCT during 20fellowship years and incorporate this experience with knowledge of echocardiography, nuclear 21cardiology, cardiovascular magnetic resonance (CMR), and cardiac catheterization, as appropriate. All 22 fellows should be exposed to the fundamental aspects of CCT; but, only those who achieve levels of 23experience beyond Level I will be sufficiently qualified to interpret CCT scans independently. At the 24conclusion of training, all fellows should be familiar with CCT assessment of cardiovascular anatomy, 25physiology, and pathophysiology and know the clinical application of CCT, principles of CCT physics, 26and radiation generation and exposure. Since many CCT studies require the administration of intravenous 27 iodinated contrast, fellows should be familiar with the protocols for contrast administration and 28subsequent contrast kinetics, as well as the potential adverse events from contrast exposure and 29appropriate treatment. In particular, fellows should be able to define the methods for contrast-enhanced 30CCT imaging of the pericardium, right and left heart chambers, and the great vessels. Given the potential 31hazards of exposure to medical radiation, trainees should become familiar with appropriate patient

3Rev Date: 1/23/2015 Q:\C&T\COCATS4\PC\TF7-CCT 4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important Sto the integrity of the writing process and final work that this information be kept strictly confidential and not 6 disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you 7signed prior to gaining access to this document.

#### Page 2 of 20

1selection, dose reduction techniques, and the principle of maintaining radiation exposure at the lowest 2level reasonably achievable.

3 Every cardiovascular fellow should develop familiarity with the technical performance, 4interpretation, strengths, and limitations of CCT and its multiple clinical applications. In addition, every 5cardiovascular fellow should gain an understanding of how to effectively use the information provided by 6cardiac CT, together with other clinical and imaging tests (when available), in making patient 7management decisions. It is recognized that CCT is an evolving technology in a rapid phase of 8development and improvement, with an expanding list of clinical indications.

9 The Task Force was charged with updating previously published standards for training fellows in 10clinical cardiology enrolled in ACGME-certified fellowship (2) based on: 1) changes in the field since 112008 and as part of a broader effort to establish consistent training criteria across all aspects of 12cardiology, and 2) the evolving framework of competency-based medical education described by the 13ACGME Outcomes Project and the 6 general competencies endorsed by ACGME and ABMS. The 14background and overarching principles governing fellowship training are provided in the Introduction to 15COCATS, and readers should become familiar with this foundation before considering the details of 16training in a subdiscipline like CCT. The Steering Committee and Task Forces recognize that 17implementation of these changes in training requirements will occur incrementally over time.

18 For most areas of cardiovascular imaging, 3 levels of training are delineated:

19 **Level I training** defines the fundamental level of experience required of all fellows-in-training in 20order to be considered competent to practice cardiology independently. Level I training should be 21accomplished during every standard 3-year training program in cardiology. This entails understanding the 22basic principles, indications, applications, and technical limitations of CCT, as well as the interrelation of 23CCT with other diagnostic methods. Level I certification does not qualify a trainee to perform or interpret 24CCT studies independently.

Level II training refers to the additional training in 1 or more areas that enables a cardiologist to 26perform or interpret specific procedures or render more specialized care for patients and conditions. This 27level of training is recognized for those areas in which an accepted instrument or benchmark, such as a 28qualifying examination, is available to measure specific knowledge, skills, or competence. Level II 29training in selected areas may be achieved by some trainees during the standard 3-year cardiovascular 30fellowship, based on the trainees' career goals and use of elective rotations. It is anticipated that during a

3Rev Date: 1/23/2015Page 3 of 20Q:\C&T\COCATS4\PC\TF7-CCT4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important5to the integrity of the writing process and final work that this information be kept strictly confidential and not6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you7signed prior to gaining access to this document.

1standard 3-year cardiovascular fellowship training program, sufficient time will be available to receive 2Level II training in a specific subspecialty. In the case of CCT, Level II is defined as the minimum level 3of experience required to perform and interpret CCT independently.

4 **Level III training** in CCT, like other noninvasive imaging modalities, should include the 5principles of multimodality imaging (see COCATS Task Force 4: Multimodality Imaging). This requires 6additional training and experience beyond the cardiovascular fellowship to acquire specialized knowledge 7and experience in performing, interpreting, and training others to perform specific procedures or render 8advanced specialized care at a high level of skill. In the case of CCT, Level III expertise would enable the 9trainee to direct a CCT laboratory, train others in CCT and conduct advanced imaging research. Level III 10training is described here only in broad terms to provide context for trainees. The additional exposure and 11requirements for Level III training will be addressed in a subsequent, separately published in Advanced 12Training Statement.

13 The number of cases, procedures, and experiences recommended is based on published 14guidelines, competency statements, and the opinions of the members of the writing group. It is assumed 15that training is directed by appropriately-trained mentors in an ACGME-accredited program and that 16satisfactory completion of training is documented by the program director. The number and types of 17encounters and the duration of training typically required are summarized in Section 4.

## 182. General Standards

19 Three organizations—the ACC, AHA, and SCCT—have addressed training requirements and 20guidelines for patient selection (1, 3); clinical indications (4, 5); study performance, interpretation and 21reporting (6, 7); and educational objectives (2) for fellowship training in CCT. The recommendations are 22congruent and address faculty, facility requirements, emerging technologies, and practice. Cardiovascular 23fellowship programs should satisfy the requirements regarding facilities and faculty for training in CCT. 24Candidates for the ABIM examination for certification in cardiovascular diseases should review the 25specific ABIM requirements, and those seeking advanced certification in CCT should review the specific 26requirements of the Certification Board of Cardiovascular Computed Tomography (CBCCT) (8).

27 Eligibility for U.S.-trained cardiovascular fellows to sit for the CBCCT examination requires that 28training take place in a program accredited by the ACGME (8). The intensity and depth of training and 29required resources may vary according to the level of training provided.

# 1**2.1. Faculty**

2 Faculty should include cardiovascular imaging specialists knowledgeable about the risks to the 3patient and medical personnel associated with radiation exposure and skilled in the performance and 4interpretation of CCT studies. The program must have a minimum of 2 key clinical CCT faculty 5members, including the program director, who are board-certified in CCT or possess equivalent 6qualifications. A physician is considered to have equivalent qualifications if he or she trained in a similar 7environment for a similar duration of time, supervised the required number of studies, and performed 8supervised and independent interpretations. Faculty must participate with trainees in imaging acquisition, 9processing, and interpretation.

## 10**2.2. Facilities**

11 Facilities must be adequate to ensure a safe and effective environment for conducting diagnostic 12CCT studies and provide didactic instruction to fellows-in-training. Appropriate infrastructure, personnel, 13and equipment should be available to enable image processing, interpretation, and didactic interactions 14between faculty and trainee.

15 The CCT laboratory in which training is undertaken should be under the direct supervision of a 16full-time qualified director (or directors) with Level III training or equivalent. The training guidelines set 17forth in this document pertain primarily to trainees performing CCT examinations in adult patients with 18acquired or congenital heart disease.

## 192.3. Equipment

20 CCT laboratories require specialized equipment for the safe performance and interpretation of 21diagnostic studies. This equipment includes a multislice CCT scanner with a minimum of 64-slice and 22ECG-gating capabilities; specialized equipment for contrast administration and patient monitoring; and 23computer network infrastructure for data storage, transmission, processing, study interpretation, and 24reporting (8).

## 252.4. Ancillary Support

Ancillary support should be available to obtain intravenous access, administer intravenous 27medications, monitor patients after procedures, and treat potential complications including performance 28of emergency cardiopulmonary resuscitation.

**3Rev Date:** 1/23/2015**Page** 5 of 20Q:\C&T\COCATS4\PC\TF7-CCT4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important5to the integrity of the writing process and final work that this information be kept strictly confidential and not6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you7signed prior to gaining access to this document.

# 13. Training Components

## 23.1. Didactic Program

3 The educational curriculum in CCT should include didactic lectures, reference reading material, 4case discussions, and formal case presentations. The curriculum should supplement the hands-on and 5clinical case interpretation experiences to ensure that the medical knowledge milestones detailed in 6Section 4.1 are met. Consequently, knowledge pertaining to CCT should be acquired in the following 7areas: epidemiology, CCT physics, image processing, pathophysiology, and management of coronary 8artery disease. In addition, didactic sessions should include discussions of the diagnostic accuracy of 9CCT, including sensitivity and specificity, when compared to the reference standard of invasive 10angiography or myocardial perfusion imaging, as well as knowledge of the advantages and disadvantages 11of CCT compared with other cardiovascular imaging modalities. Didactic teaching should address 12appropriate utilization of CCT and integration of the CCT results with other data to enhance patient 13management.

Each fellow should receive documented training from a CCT mentor and/or physicist on the basic 15physics of CT in general and CCT in particular. Lectures should include training in principles of radiation 16protection, hazards of radiation exposure to both patients and personnel, and techniques for reporting and 17measuring radiation doses. The CCT mentor should also discuss cardiac and great-vessel anatomy, 18contrast administration and kinetics, principles of 3-dimensional imaging and post-processing, and 19appropriate post-procedural patient monitoring.

## 203.2. Clinical Experience

Interpretation of a designated minimum number of CCT studies will typically be required to 22approach Level I competency (See Section 4.2). In addition, for a certain number of cases, the trainee 23should be present and participate in acquisition of the images. For these cases, the following 3 conditions 24must be met:

- 25 1. The trainee must be present in the scanning control room.
- 26 2. For Level I or II training, the fellow must participate interactively in manipulation of the
- 27 processed images for evaluation of the study. Interpretation of each case should include all
- 28 components of cardiac structure and function (when available), as well as noncardiac structures.
- 29 3. During this image evaluation process, there must be an opportunity for interaction between the
- 30 trainee and trainer.

**3Rev Date:** 1/23/2015**Page** 6 of 20Q:\C&T\COCATS4\PC\TF7-CCT4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important5to the integrity of the writing process and final work that this information be kept strictly confidential and not6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you7signed prior to gaining access to this document.

1 The CCT program should expose trainees to a wide array of CCT indications and imaging 2protocols and a varied patient population, including patients with complex congenital heart disease. It is 3important to emphasize that merely completing a certain number of studies does not equate to 4competency, which instead must be assessed individually by supervising faculty.

## 53.3. Hands-On Experience

6 Hands-on training is important, not only to develop technical expertise regarding image 7acquisition and interpretation, but also as a valuable aid to learning tomographic and 3-dimensional 8cardiac anatomy. Through acquisition and interpretation of data, trainees should learn to recognize 9appropriate image quality and understand the source of—and recognize techniques for—avoiding artifacts 10(e.g., breath-holding, gating, arrhythmias).

## 114. Summary of Training Requirements

## 124.1. Development and Evaluation of Core Competencies

13 Training and requirements for CCT address the 6 general competencies promulgated by the 14ACGME/ABMS and endorsed by the ABIM. These competency domains include: Medical Knowledge, 15Patient Care and Procedural Skills, Practice-Based Learning and Improvement, Systems-Based Practice, 16Interpersonal and Communication Skills, and Professionalism. The ACC has used this structure to define 17and depict the components of the core clinical competencies for cardiology. The curricular milestones for 18each competency and domain also provide a developmental roadmap for fellows as they progress through 19various levels of training and serve as an underpinning for the ACGME/ABIM reporting milestones. The 20ACC has adopted this format for its competency and training statements, career milestones, lifelong 21learning, and educational programs. Additionally, it has developed tools to assist physicians in assessing, 22enhancing, and documenting these competencies.

Table 1 delineates each of the 6 competency domains, as well as their associated curricular 24milestones for training in CCT. The milestones are categorized into Level I and Level II (as previously 25defined in this document) and indicate the stage of fellowship training (12, 24 or 36 months, and 26additional time points) by which the typical cardiovascular trainee should achieve the designated level. 27Recognizing that programs may vary with respect to the sequence of clinical experiences provided to 28trainees, the milestones at which various competencies are reached may vary as well. Level I 29competencies may be achieved at earlier or later time points. Acquisition of Level II skills requires

**3Rev Date:** 1/23/2015**Page** 7 of 20Q:\C&T\COCATS4\PC\TF7-CCT4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important5to the integrity of the writing process and final work that this information be kept strictly confidential and not6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you7signed prior to gaining access to this document.

1additional training and Level III skills requires training in a dedicated CCT program. The table also

2describes examples of evaluation tools suitable for assessment of competence in each domain.

## 3Table 1. Core Competency Components and Curricular Milestones for Training in Cardiovascular Computed 4Tomography

Medical Knowledge		Milestones (Months)			
	12	24	36	Add	
1. Know the principles of cardiovascular computed tomographic scanning and the scanning modes.		I			
2. Know the risks and safety measures for cardiovascular computed tomographic scanning, including radiation reduction strategies.			I		
3. Know the appropriate indications for cardiovascular computed tomography for screening or evaluating symptoms in patients with suspected cardiac disease.		I			
4. Know the indications, potential adverse effects, prevention, and treatment of complications of iodinated contrast agent use in cardiovascular computed tomographic studies.		Ι			
5. Know the indications and protocols for beta-adrenergic blocking drugs and nitroglycerin during cardiovascular computed tomographic studies.			II		
6. Know the principles of cardiovascular computed tomographic scan collimation, temporal resolution, table speed, field of view, and window and level view settings.			II		
7. Know the principles of post-processing methods for cardiovascular computed tomographic scanning.			II		
8. Know the algorithms used for reconstruction, and recognize and isolate causes of artifacts.			II		
9. Know the principles of quantitative coronary artery calcium scoring.			II		
10. Know normal chest anatomy and common incidental extra cardiac findings.			II		
11. Know the characteristic cardiovascular computed tomographic images of normal cardiac chambers and great vessels, normal coronary arteries and veins, and normal variants.			Ι		
12. Know the characteristic cardiovascular computed tomographic findings of coronary atherosclerosis including plaque morphology and assessment of stenosis severity.			II		
<ol> <li>Know the characteristic cardiovascular computed tomographic findings of anomalous coronary arteries and other common congenital anomalies.</li> </ol>			II		
14. Know the characteristic cardiovascular computed tomographic findings in postoperative cardiac surgical patients including internal mammary artery and saphenous vein bypass grafts.			II		
15. Know the characteristic cardiovascular computed tomographic findings of acquired and congenital valvular disease.			II		
16. Know the characteristic cardiovascular computed tomographic findings of left atrial and pulmonary and coronary venous abnormalities.			II		
17. Know the characteristic cardiovascular computed tomographic findings of pericardial disease.			II		

#### 3Rev Date: 1/23/2015

#### Page 8 of 20

#### Q:\C&T\COCATS4\PC\TF7-CCT

4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important 5to the integrity of the writing process and final work that this information be kept strictly confidential and not 6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you 7signed prior to gaining access to this document. 1COCATS 4 – TF 7 (CCT)

		541144		10
2	1		1	
<ol> <li>Know the characteristic cardiovascular computed tomographic findings of cardiomyopathies and infiltrative myocardial diseases.</li> </ol>			II	
<b>19.</b> Know the differential diagnosis of cardiac masses identified by cardiovascular computed tomography.			II	
20. Know the characteristic cardiovascular computed tomographic findings of			II	
common diseases of the aorta and great vessels.				
21. Know the characteristic cardiovascular computed tomographic findings of pulmonary embolism and primary and acquired pulmonary vascular diseases.			II	
22. Know when to request help with interpretation of difficult studies, such as patients with complex congenital heart disease.			I	
<i>Evaluation Tools</i> : conference presentation, direct observation, in-training exam				
Patient Care and Procedural Skills	12	24	36	Add
1. Skill to appropriately utilize cardiovascular computed tomography in the evaluation and management of patients with known or suspected cardiovascular disease.			I	
2. Skill to integrate cardiovascular computed tomographic findings with other clinical information in patient evaluation and management.			I	
3. Skill to recognize and treat contrast-related adverse reactions.	Ι			
4. Skill to independently perform and interpret cardiovascular computed tomography.			II	
5. Skill to perform and interpret hybrid CT/SPECT and CT/PET imaging.				III
<i>Evaluation Tools</i> : conference presentation, direct observation, logbook				
Systems-Based Practice	12	24	36	Add
1. Incorporate appropriate use criteria, risk/benefit, and cost considerations in the use of cardiovascular computed tomography and alternative imaging modalities.		I		
<i>Evaluation Tools</i> : conference presentation, direct observation, multisource evaluation				
Practice-Based Learning and Improvement	12	24	36	Add
1. Identify knowledge and performance gaps and engage in opportunities to achieve focused education and performance improvement.			I	
<ol> <li>Utilize point-of-care educational resources (e.g., guidelines, appropriate use criteria, and clinical trial results).</li> </ol>			I	
<i>Evaluation Tools</i> : conference presentation, direct observation, reflection and self-assessment				
Professionalism	12	24	36	Add

## 3Rev Date: 1/23/2015

**Page** 9 of 20

## Q:\C&T\COCATS4\PC\TF7-CCT

4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important 5to the integrity of the writing process and final work that this information be kept strictly confidential and not 6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you 7signed prior to gaining access to this document.

1.	Work effectively in an interdisciplinary CCT environment.				
		ļ	I		
2.	Reliably obtain patient informed consent, ensuring that patients understand the risks and benefits of, and alternatives to, cardiovascular computed tomographic testing.		I		
3.	Know and promote adherence to clinical practice guidelines.		Ι		
Ev	<i>aluation Tools:</i> conference presentation, direct observation, multisource evaluation				
	Interpersonal and Communication Skills	12	24	36	Add
1.	Communicate testing results to physicians and patients in an effective and timely manner.		I		
	aluation Tools: direct observation, multisource evaluation				

## 24.2. Number of Procedures and Duration of Training

3 The specific competencies for Levels I and II are delineated in Table 1. The minimum volume of 4procedures typically required to achieve competence at each level of training in CCT is summarized in 5Table 2.

## 6**Table 2. Requirements for CCT Study Performance and Interpretation to Achieve Level I and Level II** 7Clinical Competence

	Minimum Number of Mentored Examinations Present During Performance	Minimum Number of Mentored Examinations Interpreted
Level I	15	50
Level II	65	250 CCT cases†

8†Cumulative numbers; caseload recommendations may include studies from an established teaching file, previous 9CCT cases, journals and/or textbook, or electronic/on-line courses/continuing medical education.

10 Although approximate numbers of procedures are listed, it is more important to assess 11achievement by evaluation of outcome measures. Requirements for Level II training may be satisfied, for 12example, by supervised time, courses, case studies, CD/DVD training, participation in major medical 13meetings devoted to CCT, or other relevant educational training activities. The caseload recommendations 14may include studies from an established teaching file, previous CCT cases, and electronic/online learning 15tools or courses.

## 14.2.1. Level I Training Requirements

2 Level I training is the minimal introductory experience necessary to gain familiarity with CCT 3but does not provide sufficient competence for independent interpretation of CCT images. The trainee 4should obtain intensive exposure to the methodology and multiple applications of CCT for approximately 51 month, which may occur in conjunction with other training activities. During this cumulative 6experience, individuals should be actively involved in CCT interpretation under the direction of a 7qualified (at minimum Level II, but preferably Level III–trained) physician-mentor (1). There should be a 8mentored interpretative experience of at least 50 studies for which other correlative cardiovascular 9imaging data are also available. Mentored interpretive experience may include studies from an established 10teaching file of CCT cases, CD/DVD, and on-line training.

11 For all levels of competence, the trainee should attend lectures on the basic concepts of CCT and 12in parallel utilize self-study reading material. A basic understanding of CCT includes the physics of CCT 13imaging, basics of CCT scan acquisition, safety issues, recognition and management of side effects of 14medications administered in the course of CCT, including beta-blockers and nitrates in addition to 15iodinated contrast, post-processing methods, and basics of CCT interpretation compared with other 16cardiovascular imaging modalities including echocardiography, nuclear cardiology, CMR, and invasive 17cardiovascular x-ray angiography. Ancillary cardiac diagnostic studies should evaluate ventricular 18hypertrophy, dilation, valvular pathology such as mitral stenosis/annular and leaflet calcification, cardiac 19masses, aortic valve pathology (number of cusps, calcification and stenosis), pericardial and infiltrative 20myocardial diseases, internal mammary arteries, left atrial, pulmonary and coronary venous 21abnormalities, thoracic aortic pathology, and saphenous vein grafts.

## 224.2.2. Level II Training Requirements

Level II training is defined as the minimum experience necessary for a physician to 24independently perform and interpret CCT. To accomplish this, the fellow should devote an additional 1 25month or equivalent and interpret a minimum of 200 additional contrast studies. Non-contrast and 26contrast-enhanced studies may be evaluated in the same patients. Of these, at least 65 should be 27performed with the fellow present under appropriate supervision. Competence at this level implies that 28the fellow is sufficiently experienced to help acquire, if necessary, and interpret the CCT examination 29accurately and independently. Continued exposure to special CCT procedures, such as hybrid studies with 30nuclear imaging and integration of images into electrophysiologic procedures, is appropriate during Level 31II training.

**3Rev Date:** 1/23/2015**Page** 11 of 20Q:\C&T\COCATS4\PC\TF7-CCT4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important5to the integrity of the writing process and final work that this information be kept strictly confidential and not6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you7signed prior to gaining access to this document.

To qualify for Level II certification, the trainee should be exposed to an additional 200 cases,
 2demonstrate competency for independent performance and interpretation, and meet the following
 3components:

- The trainee must be present in the scanning suite control room and actively participate in the
   acquisition of 50 cases.
- 6 2. A trainee may view a maximum of 50 cases from an educational CD or presentation granting
- 7 continuing medical education credit that contains CCT data review, clinical information, and
- 8 appropriate clinical correlative information (e.g., invasive coronary angiographic images).
- 9 3. At least 150 cases must involve interactive manipulation of reconstructed data sets using a 310 dimensional imaging workstation.

11 4. At least 20 cases must include evaluation of cardiac function.

- 12 5. At least 20 cases should involve evaluation of structural and/or congenital heart disease.
- 13 6. At least 15 cases must involve evaluation of bypass graft vessels.
- 14 7. At least 40 cases should be correlated with invasive angiography and/or myocardial perfusion15 imaging.
- 16 8. In at least 50 cases the trainee should be actively involved and demonstrate competency in
   acquisition, interpretation, and reporting of CCT images.

18 A fellow with Level II training should demonstrate clear understanding of the various types of 19CCT scanners available for cardiovascular imaging and understand, at a minimum, common issues related 20to imaging, post-processing, and scan interpretation.

## 214.2.2.1. Incidental Noncardiac Findings

22 During a CCT examination, the standard use of a small field of view (e.g., limited lung fields) 23precludes complete evaluation of the entire thorax. To address the possibility that significant noncardiac 24imaging findings, (e.g., aortic disease, hilar adenopathy, large pulmonary nodules, and pulmonary emboli) 25might be present on a CCT scan, specific interpretation of the extracardiac fields should be performed as 26discussed below. The patient, referring physician, and trainee should understand that the focus of the CCT 1examination is detection of cardiac disease, and the scan does not encompass the entire lung field. 2Fellows should be trained to recognize incidental findings in the interest of providing high-quality care. 3Cases in which these extracardiac findings are identified require referral to a specialist with expertise in 4chest imaging. To this end, Level II and Level III training should encompass review of all cardiovascular 5cases for noncardiac findings. The review of 150 CCT cases for incidental findings should include 6studying a dedicated teaching file of CCT cases featuring significant extracardiac pathology, and the core 7curricula for Level II and Level III should include specific didactic training in the extracardiac pathology 8often encountered during diagnostic CCT.

## 94.2.3. Level III Training Requirements

10 Level III training enables a physician to direct an academic CCT section, independent CCT 11facility, or clinic. This individual would be responsible for quality control and training of technologists 12and mentoring other physicians in training. In addition to the requirements for Level I and Level II 13training, Level III training requires additional training beyond the standard 3-year cardiovascular 14fellowship devoted to CCT and additional training in 1 or more other imaging modalities. Level III 15trainees should be involved in the acquisition and interpretation of CCT imaging examinations and 16demonstrate the ability to over-read CCT studies independently. Level III training should include 17participation in research, teaching, and the administrative aspects of laboratory operations, including data 18management, report generation and distribution, quality improvement, accreditation, and understanding of 19evolving multimodality imaging technologies. Level III training in any noninvasive modality requires 20training in more than 1 noninvasive imaging modality.

## 214.2.4. Training in Multiple Imaging Modalities

The recent emergence of noninvasive imaging modalities, especially cardiovascular magnetic 23resonance and computed tomography angiography, is having a profound impact on the practice of 24cardiology and the fellowship training experience. The cardiovascular medicine specialist is increasingly 25expected to provide expertise in 2 or more of the imaging techniques. It is understandable, then, that 26trainees will desire the opportunity to gain exposure to multiple imaging modalities during their 27fellowship experience. To the degree possible, the training program should strive to meet these needs by 28offering a "multimodality" imaging experience (see COCATS Task Force 4: Multimodality Imaging). 29This might include an appreciation for each technique's uses and clinical indications, strengths and 30limitations, safety issues, and the guidelines and appropriateness criteria, when available.

**3Rev Date:** 1/23/2015**Page** 13 of 20Q:\C&T\COCATS4\PC\TF7-CCT4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important5to the integrity of the writing process and final work that this information be kept strictly confidential and not6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you7signed prior to gaining access to this document.

## 14.2.5. Vascular CT Imaging

2 Vascular CT represents an optional portion of training. As a cardiovascular specialist, the 3 cardiovascular fellow should acquire skills beyond those pertaining to cardiac structure and the coronary 4 vasculature. Among the advantages of newer multidetector CT equipment is very rapid imaging of the 5 carotid, renal, or peripheral vessels with small contrast requirements and high spatial resolution. The 6 physics, acquisition parameters, and reconstruction techniques are similar, but vascular imaging requires 7 additional knowledge of the anatomy and pathophysiology specific to each vascular territory. Level I, II, 8 or III CCT training does not imply that trainees have acquired the vascular imaging expertise associated 9 with the corresponding levels of CCT training.

## **105. Evaluation of Competency**

11 Evaluation tools in CCT include direct observation by instructors, in-training examinations, case 12logbooks, conference and case presentations, multisource evaluations, trainee portfolios, simulation, and 13reflection and self-assessment. Acquisition and interpretive skills should be evaluated in every trainee. 14Interaction with other physicians, patients, and laboratory support staff; initiative; reliability; decisions or 15 actions that result in clinical error; and the ability to make appropriate decisions independently and 16appropriate follow-up should be considered in these assessments. Trainees should maintain records of 17 participation and advancement in the form of a HIPAA-compliant electronic database or logbook that 18meets ACGME reporting standards and summarizes pertinent clinical information (e.g., number of cases, 19 diversity of referral sources, testing modalities, diagnoses and findings). The use of CMR should be 20aligned with both clinical need and appropriateness criteria. Trainees should be prepared to explain why a 21 given CCT test is better suited to the clinical question than another imaging option. Fellows should 22document clinical correlation with the other imaging, hemodynamic, invasive laboratory, surgical 23pathology, and outcomes data to enhance understanding of the diagnostic utility and value of various 24studies. Finally, experiences in CCT should be assessed against measures of quality with regard to test 25selection, performance, interpretation, and reporting in the interest of appreciating the potential adverse 26consequences of suboptimal testing (2).

The ACC, AHA, and SCCT have formulated a clinical competence statement on the performance, 28interpretation and reporting of CCT studies (5). Self-assessment programs and competence examinations 29in CCT are available through the ACCF and other organizations. Program directors and trainees are 30encouraged to incorporate these resources in the course of training. We strongly encourage the use of

**3Rev Date:** 1/23/2015**Page** 14 of 20Q:\C&T\COCATS4\PC\TF7-CCT4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important5to the integrity of the writing process and final work that this information be kept strictly confidential and not6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you7signed prior to gaining access to this document.

1examinations (e.g., the Cardiac Computed Tomography Self-Assessment Program [CCTSAP]) at the end 2of CCT training.

3 Under the aegis of the program director and director of each imaging laboratory, facility, or 4program, the faculty should record and verify each trainee's experiences, assess performance, and 5document satisfactory achievement. The program director is responsible for confirming experience and 6competence and reviewing the overall progress of individual trainees with the Clinical Competency 7Committee to assure achievement of selected training milestones and identify areas in which additional 8focused training may be required.

9**Key Words:** ACC Training Statement ■ COCATS ■ cardiovascular imaging ■ cardiovascular computed 10tomography ■ positron emission tomography ■ single-photon emission computed tomography ■ 11cardiovascular magnetic resonance. 12

12

3Rev Date: 1/23/2015

*Page* 15 of 20

Q:\C&T\COCATS4\PC\TF7-CCT

4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important 5to the integrity of the writing process and final work that this information be kept strictly confidential and not 6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you 7signed prior to gaining access to this document.

# 1APPENDIX 1. AUTHOR RELATIONSHIPS WITH INDUSTRY AND OTHERS ENTITIES (RELEVANT)—COCATS 4 TASK FORCE 7: 2TRAINING IN CARDIOVASCULAR COMPUTED TOMOGRAPHY

Committee Member	Employment	Consultant	Speakers Bureau	Ownership/ Partnership / Principal	Personal Research	Institutional, Organizational, or Other Financial Benefit	Expert Witness
Mario J. Garcia (Chair)	Montefiore Medical Center, Albert	None	None	None	None	None	None
	Einstein College of Medicine—Chief of Cardiology; Professor of Medicine and Radiology	none	None	INOILE	none	ivone	
Ron Blankstein							None
	Brigham and Women's Hospital—Co- Director, Noninvasive Cardiovascular Imaging Training Program, Cardiovascular Division & Department of Radiology; Harvard Medical School—Assistant Professor in Medicine and Radiology	None	None	None	None	None	
Matthew J. Budoff							None
	Los Angeles Biomedical Research Institute —Program Director, Division of Cardiology	None	None	None	None	None	
John M. Dent							None
	University of Virginia Health System Department of Medicine—Professor of Medicine (Cardiology)	None	None	None	None	None	
Douglas E. Drachman							None
	Massachusetts General Hospital—Training Director, Division of Cardiology	None	None	None	None	None	
John R. Lesser							None
	Minneapolis Heart Institute— Director of Cardiovascular CT and MRI	None	None	None	None	None	
Maleah Grover-McKay							None
	DaVita Healthcare Partners—Director, Plaza Cardiology	None	None	None	None	None	

3Rev Date: 1/23/2015

**Page** 16 of 20

Q:\C&T\COCATS4\PC\TF7-CCT

4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important to the integrity of the writing process and 5 final work that this information be kept strictly confidential and not disclosed at any time under any circumstance. As such, you are bound by the 6 confidentiality agreement that you signed prior to gaining access to this document.

**ACC Post Public Comment Draft** 

January 23, 2015

Committee Member	Employment	Consultant	Speakers Bureau	Ownership/ Partnership / Principal	Personal Research	Institutional, Organizational, or Other Financial Benefit	Expert Witness
Jeffrey M. Schussler							None
	Baylor University Medical Center— Medical Director, Cardiovascular ICU; Texas A&M College of Medicine— Professor of Medicine	None	None	None	None	None	
Szilard Voros							None
	Stony Brook University Medical Center, State University of New York—Visiting Professor of Radiology and Medicine/Cardiology; Global Genomics Group—Founder; Chief Executive Officer; Health Diagnostic Laboratory—Executive Vice President; Chief Clinical Strategy Officer	None	None	None	None	None	
L. Samuel Wann	University of Wisconsin, Madison and Medical College of Wisconsin, Milwaukee —Clinical Professor of Medicine	None	None	None	None	None	None

1For the purpose of developing a general cardiovascular training statement, the ACC determined that no relationships with industry or other entities are relevant. 2This table reflects author's employment and reporting categories. To ensure complete transparency, *authors' comprehensive healthcare-related disclosure* 3*information* — including RWI not pertinent to this document — is available online (see Online Appendix 3). Please refer to 4http://www.cardiosource.org/Science-And-Quality/Practice-Guidelines-and-Quality-Standards/Relationships-With-Industry-Policy.aspx for definitions of

3Rev Date: 1/23/2015

**Page** 17 of 20

Q:\C&T\COCATS4\PC\TF7-CCT

4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important to the integrity of the writing process and 5final work that this information be kept strictly confidential and not disclosed at any time under any circumstance. As such, you are bound by the 6confidentiality agreement that you signed prior to gaining access to this document.

2

# APPENDIX 4. PEER REVIEWER RELEVANT RELATIONSHIPS WITH INDUSTRY AND OTHER ENTITIES—COCATS 4 TASK FORCE 7: TRAINING IN CARDIOVASCULAR COMPUTED TOMOGRAPHY

Name	Employment	Representation	Consultant	Speaker's Bureau	Ownership/ Partnership/ Principal	Personal Research	Institutional/ Organizational or Other Financial Benefit	Expert Witness
Richard Kovacs	Indiana University, Krannert Institute of Cardiology—Q.E. and Sally Russell Professor of Cardiology	Official Reviewer, ACC Board of Trustees	None	None	None	None	None	None
Dhanunjaya Lakkireddy	Kansas University Cardiovascular Research Institute	Official Reviewer, ACC Board of Governors	None	None	None	None	None	None
Howard Weitz	Thomas Jefferson University Hospital—Director, Division of Cardiology; Sidney Kimmel Medical College at Thomas Jefferson University —Professor of Medicine	Official Reviewer, Competency Management Committee Lead Reviewer	None	None	None	None	None	None
Kiran Musunuru	Brigham and Women's Hospital, Harvard University	Organizational Reviewer, AHA	None	None	None	None	None	None
Dennis Calnon	OhioHealth Heart and Vascular Physicians— Director, Cardiac Imaging, Riverside Methodist Hospital	Organizational Reviewer, ASNC	None	None	None	None	None	None
Thomas Gerber	Mayo Clinic—Professor, Medicine, Radiology	Organizational Reviewer, SAIP	None	None	None	None	None	None
John Hodgson	Metrohealth Medical Center	Organizational Reviewer, SCAI	None	None	None	None	None	None
Suhny Abbara	University of Texas Southwestern Medical Center —Director, Cardiovascular Imaging Section	Organizational Reviewer, SCCT	None	None	None	None	None	None
Brian D. Hoit	University Hospitals Case Medical Center, Cleveland Ohio	Content Reviewer, Cardiology Training and Workforce Committee	None	None	None	None	None	None
Larry Jacobs	Lehigh Valley Health	Content Reviewer,	None	None	None	None	None	None

3Rev Date: 1/23/2015

**Page** 18 of 20

Q:\C&T\COCATS4\PC\TF7-CCT

4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important to the integrity of the writing process and 5final work that this information be kept strictly confidential and not disclosed at any time under any circumstance. As such, you are bound by the 6confidentiality agreement that you signed prior to gaining access to this document.

**ACC Post Public Comment Draft** 

2

	Network, Division of Cardiology; University of South Florida—Professor, Cardiology	Cardiology Training and Workforce Committee						
Andrew Kates	Washington University School of Medicine	Content Reviewer, Academic Cardiology Section Leadership Council	None	None	None	None	None	None
Nishant Shah	Brigham and Women's Hospital, Harvard Medical School—Cardiovascular Imaging Fellow	Content Reviewer, Imaging Council	None	None	None	None	None	None
Kim Williams	Rush University Medical Center—James B. Herrick Professor and Chief, Division of Cardiology	Content Reviewer, Cardiology Training and Workforce Committee	None	None	None	None	None	None

For2he purpose of developing a general cardiovascular training statement, the ACC determined that no relationships with industry or other entities are relevant. This table reflects peer reviewers' employment, representation in the review process, as well as reporting categories. Names are listed in alphabetical order within each category of review.

#### 5

ACC = American College of Cardiology, AHA = American Heart Association, ASNC = American Society of Nuclear Cardiology, SAIP = Society of Atherosclerosis Imaging and Prevention, SCAI = Society for Cardiovascular Angiography and Interventions, and SCCT = Society of Cardiovascular Computed Tomography.

3Rev Date: 1/23/2015

**Page** 19 of 20

Q:\C&T\COCATS4\PC\TF7-CCT

4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important to the integrity of the writing process and 5final work that this information be kept strictly confidential and not disclosed at any time under any circumstance. As such, you are bound by the 6confidentiality agreement that you signed prior to gaining access to this document.

## 1 References

3Rev Date: 1/23/2015

**Page** 20 of 20

Q:\C&T\COCATS4\PC\TF7-CCT

4NOTE: This document contains confidential and/or proprietary information, materials or data. It is important 5to the integrity of the writing process and final work that this information be kept strictly confidential and not 6disclosed at any time under any circumstance. As such, you are bound by the confidentiality agreement that you 7signed prior to gaining access to this document.